



## Using CBD in Pets

The hemp plant offers a host of potential benefits for your pet, including reducing pain and inflammation, treating seizures, and helping with anxiety.

The effects of this plant are very individual and will vary with the specific product you are using. Each company uses different strains of plants, which may change the effects. If you are not seeing the results you hoped for, then trying a different brand is a good approach.

For best results, you should choose a company that uses a whole plant product without added flavors or colors. There are many beneficial components in the plant and using isolates may limit the effectiveness of the product.

Ideally, the product is organic, or the company will speak to its commitment to growing the plants in a clean environment. This is very important as hemp is a soil cleaner and will absorb toxins such as heavy metals which then end up in the CBD product.

A company should always use third-party testing to verify the constitution and cleanliness of the finished product. This will ensure that you are getting what is advertised on the label.

We recommend starting with about 1/2mg per pound of body weight, divided into 2 daily doses. If your pet is elderly, or its health is compromised, start at 1/4mg per pound and slowly increase the dose to effect. The optimal dose is always determined by how your pet responds.

For example, a 20lb dog would start with 10mg per day, or 5mg twice daily(appx every 12 hours). CBD is best absorbed by putting it directly in the mouth rather than in the food. If you add it to the food, you may need to increase the dose to get the desired effect. For a 20lb dog with compromised health, start with 5mg per day.

There are no adverse effects with CBD, but if you notice your pet acting a bit sleepy, it is best to decrease the dose and slowly increase it. Your pet will adjust to the product over time. CBD products do not have any THC, so there are no psychoactive effects as with true marijuana products.

There are many brands of CBD on the market. Here are a few companies that we recommend:

<https://suziespettreats.com/>

<https://ambarygardens.com/>

<https://cbddoghealth.com/cbd-products/>

We recommend using a tincture rather than a treat so you can dose directly in the mouth for better absorption. This also allows you to adjust the dose more easily.

If you haven't yet tried CBD for your pet, I hope you will give it a try and allow your pet to experience the multitude of benefits.