

Home treatments

Diarrhea:

*****Signs to take your pet to the ER**:***

1. *Unable to ingest, and/or hold down water for greater than 12 hours*
2. *Profuse bloody diarrhea*
3. *Extreme lethargy*

If none of the above applies, you can try the following:

1. Liquid only fast; may have water, bone broth, coconut water. Fast for 12-24 hours and re-introduce small meals of regular diet.
2. Slippery Elm tincture – may use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated

Vomiting:

*****Signs to take your pet to the ER**:***

1. *Vomiting persists more than once per hour*
2. *Vomiting blood*
3. *Unable to hold down water or other liquids for greater than 12 hours*

If none of the above applies, you can try the following:

1. Fast completely for 6 hours. If vomiting stops, offer liquids only for another 12 hours; this may include water, bone broth, or coconut water
2. Marshmallow root - may use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated

Hives:

These are most likely a reaction to something in the environment

*****Signs to take your pet to the ER*****

1. *Difficulty breathing*
2. *Inability to stand*
3. *Loss of consciousness*
4. *Pale gums*

If none of the above applies, you can try the following:

1. Homeopathic APIS 30C, give every hour if acute and uncomfortable. You can put 5-6 of the white pellets in a 1oz dropper bottle with distilled water. Give ½ dropperful per dose until symptoms improve
2. Nettles tincture for itching. May use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated
3. Cool baths with dilute aloe vera may help soothe the skin

Limping:

*****Signs to go to the ER*****

1. *Unstoppable or profuse bleeding*
2. *Non- weight bearing*
3. *Obvious limb deformation*

If none of the above applies, you can try the following:

1. CBD, at a dose of 1mg/5lb body weight to start and may increase to effect, given 2-3 times per day
2. If swelling exists, icing with ice pack or bag of frozen veggies
3. Rest affected limb
4. Homeopathic arnica 30C given 2-3 times daily until improvement is seen

Low energy:

*****Signs to take your pet to the ER*****

1. *Gum/tongue color is pale or blue*
2. *Temp is over 105 degrees F*
3. *Check signs for other conditions listed above*

If none of the above applies, you can try the following:

1. Rest, especially if there has been recent vigorous activity
2. Feed and water
3. CBD, at a dose of 1mg/5lb body weight to start and may increase to effect, given 2-3 times per day will help with any aches and pains

Summary list to keep in your home medical kit

Tinctures:

1. *Slippery Elm* - for diarrhea
2. *Marshmallow Root* - for vomiting or upset stomach
3. *Nettles* – for allergic reactions or itchy skin
4. *Echinacea* – will help deactivate snake or insect venom. Give ¼ dropperful every 15 minutes while obtaining medical help.

****** We recommend an organic human product for tinctures. Alcohol-free products will have less taste and are typically better accepted. Dose as a percentage of body weight, assuming it is based on a 150lb human. For example, a 75lb dog will get ½ the recommended dose for a human. ******

Homeopathics:

1. *APIS 30C* - homeopathic for acute allergic reaction.
2. *Arsenicum 30C* - homeopathic for vomiting/diarrhea, low energy, allergic reactions.
3. *Nux vomica 30C* – homeopathic for vomiting or lack of appetite

** May dissolve pellets in a 1-2 oz glass dropper bottle filled with distilled water. Avoid touching homeopathics directly with your hands **

Topicals:

1. *Ozonated olive oil*- olive oil with ozone infused into it for scrapes, cuts or skin growths. May be applied directly to an open wound
1. *Calendula salve* – aids healing and prevents infection. Avoid products with other additives and choose organic if possible
2. *Honey* – raw honey especially is very healing for the skin and manuka honey has additional anti-bacterial properties

Bandage materials:

1. Ace or other elastic bandage
2. Non-stick telfa pads
3. 1 inch medical tape

CBD: - Use tincture for pain, inflammation, anxiety, seizures. See hand out on CBD for more information.