

## Home treatments

### **Diarrhea:**

***\*\*Signs to take your pet to the ER\*\*:***

1. *Unable to ingest, and/or hold down water for greater than 12 hours*
2. *Profuse bloody diarrhea*
3. *Extreme lethargy*

If none of the above applies, you can try the following:

1. Liquid only fast; may have water, bone broth, coconut water. Fast for 12-24 hours and re-introduce small meals of regular diet.
2. Slippery Elm tincture – may use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated

### **Vomiting:**

***\*\*Signs to take your pet to the ER\*\*:***

1. *Vomiting persists more than once per hour*
2. *Vomiting blood*
3. *Unable to hold down water or other liquids for greater than 12 hours*

If none of the above applies, you can try the following:

1. Fast completely for 6 hours. If vomiting stops, offer liquids only for another 12 hours; this may include water, bone broth, or coconut water
2. Marshmallow root - may use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated

### **Hives:**

These are most likely a reaction to something in the environment

***\*\*Signs to take your pet to the ER\*\****

1. *Difficulty breathing*
2. *Inability to stand*
3. *Loss of consciousness*
4. *Pale gums*

If none of the above applies, you can try the following:

1. Homeopathic APIS 30C, give every hour if acute and uncomfortable. You can put 5-6 of the white pellets in a 1oz dropper bottle with distilled water. Give ½ dropperful per dose until symptoms improve
2. Nettles tincture for itching. May use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated
3. Cool baths with dilute aloe vera may help soothe the skin

### **Limping:**

#### ***\*\*Signs to go to the ER\*\****

1. *Unstoppable or profuse bleeding*
2. *Non- weight bearing*
3. *Obvious limb deformation*

If none of the above applies, you can try the following:

1. CBD, at a dose of 1mg/5lb body weight to start and may increase to effect, given 2-3 times per day
2. If swelling exists, icing with ice pack or bag of frozen veggies
3. Rest affected limb
4. Homeopathic arnica 30C given 2-3 times daily until improvement is seen

### **Low energy:**

#### ***\*\*Signs to take your pet to the ER\*\****

1. *Gum/tongue color is pale or blue*
2. *Temp is over 105 degrees F*
3. *Check signs for other conditions listed above*

If none of the above applies, you can try the following:

1. Rest, especially if there has been recent vigorous activity
2. Feed and water
3. CBD, at a dose of 1mg/5lb body weight to start and may increase to effect, given 2-3 times per day will help with any aches and pains

### **Summary list to keep in your home medical kit:**

1. *Slippery Elm* - for diarrhea
2. *Marshmallow Root* - for vomiting or upset stomach
3. *Ace bandage* - to apply pressure to stop bleeding
4. *Non-stick Telfa* - apply to open wounds under bandage
5. *Ozone oil* - olive oil with ozone infused into it for any skin lesion or open wound
6. *Smokey's Salve* - Comfrey, calendula, yarrow for open wounds
7. *APIS* - homeopathic for acute allergic reaction. Use 30C pellets hourly until improvement. May dissolve pellets in distilled water
8. *Arsenicum* - homeopathic for vomiting/diarrhea, low energy, allergic reactions. Use 30C pellets twice daily. May dissolve pellets in distilled water
9. *Nettles* - Use tincture for natural anti-histamine effects
10. *CBD* - Use tincture for pain, inflammation, anxiety, seizures. Start with 1mg/5lb body weight directly in mouth