



Mistletoe Injection Instructions

Mistletoe is given under the skin in weekly increasing amounts. You may see some mild reactions to the injections that will help guide our changes in dosing. Local reactions may appear as a small bump at the injection site that may be tender, hot, red, or swollen. Systemic reactions may appear as lethargy, or in some cases, a slight fever. We will help guide you with dosing instructions for your pet depending on how it reacts.

Every pet will react differently, so it is important to monitor your pet closely. We suggest checking both the injection site and note your pet's behavior, especially the day after an injection. Most reactions will appear 12-24 hours after an injection. If your pet is acting lethargic, we recommend taking a rectal temperature (you can purchase a common digital human thermometer). For ongoing monitoring, we recommend taking a temperature first thing in the morning before eating or exercise as these activities may raise the temperature slightly.

The injections are to be given **3 times per week**, such as Monday, Wednesday and Friday, and may be given any time of the day. Each syringe and needle should be used only **once** and then discarded. We recommend you keep your mistletoe in the fridge between uses only to help reduce its risk of contamination. The product itself isn't harmed by hot or cold, or even freezing.

DOSING – Before you begin, acquire the mistletoe type, dilution, and starting dosage from the tube.

1. Choose the scenario below (a, b or c) that applies to you. Only **ONE** of these situations will apply to you:
 - a. **New Mistletoe User** –Your first tube of mistletoe. Hooray! You can do it and we'll show you how here:
 - i. **Read: *Mistletoe Injection Examples sheet*** - This PDF sheet further illustrates the incremental dosing via examples. If it wasn't included in your order, you can find it here: https://ahavet.com/Mistletoe_Instructions/
 - ii. **Watch: *Mistletoe Instructions video*** - Dr. Judy recorded this video for newbies like you! If it wasn't already emailed to you, you can find it here: https://ahavet.com/Mistletoe_Instructions/
 - iii. **Give Your First Dose** - **Give the starting dose (printed on tube) for 1 full week (3 injections)**. Record each injection on the Mistletoe Injection Log, located on the back of this sheet. Then continue at step 2 below.
 - b. **Continuing Mistletoe user AND either the type or dilution HAS changed from your previous tube** – Your pet will start over at the new starting dose provided on the new tube label. **You will give the new starting dose (printed on the tube) for 1 full week (3 injections)**. Record each in the Log. Then continue at step 2 below.
 - c. **Continuing Mistletoe user AND both the type and dilution are the same as your previous tube** – Ignore any starting dose on the tube (if there is one) and continue dosing according to the progression you've recorded on your log sheet. You're starting wherever you left off on your log sheet. Then continue at step 2 below.
2. If no reaction has occurred, increase the dose by the amount indicated on the tube, and then **give that new dose for the next full week (3 injections)**. Record each in the Log. Each week, continue to increase the previous week's dose by the increase amount.
3. If you see a reaction, give the current dose for an additional week (3 injections). If the reaction subsides, you may then resume the weekly dose increases as originally instructed. Don't increase if your pet is reacting.
4. If there is a more profound reaction such as pain at the injection site, severe lethargy, or a temperature of over 103F, please check in with us and we will likely decrease the dose for the next few injections.

REORDERING – Use our online order form: <https://ahavet.com/reorder>. You can also find this on our website under Services, ReOrder Products. Enter Mistletoe as the item and your desired Qty. **Note** - It is imperative that you fill in the "Current Mistletoe Dosage" field on your order form with the current dose you are giving your pet (as recorded on your log sheet). We need that to track your pet's progress and adjust your order's mistletoe type, dilution, dosing, and syringe count. We send syringes with every mistletoe order, so there is no need to enter syringes as a separate line item. If you don't need any syringes, just state "No Syringes Please" on your order form and we'll skip them.

