Home treatments

Diarrhea:

- **Signs to take your pet to the ER**:
 - 1. Unable to ingest, and/or hold down water for greater than 12 hours
 - 2. Profuse bloody diarrhea
 - 3. Extreme lethargy

If none of the above applies, you can try the following:

- 1. Liquid only fast; may have water, bone broth, coconut water. Fast for 12-24 hours and reintroduce small meals of regular diet.
- 2. Slippery Elm tincture may use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated

Vomiting:

- **Signs to take your pet to the ER**:
 - 1. Vomiting persists more than once per hour
 - 2. Vomiting blood
 - 3. Unable to hold down water or other liquids for greater than 12 hours

If none of the above applies, you can try the following:

- 1. Fast completely for 6 hours. If vomiting stops, offer liquids only for another 12 hours; this may include water, bone broth, or coconut water
- 2. Marshmallow root may use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated

Hives:

These are most likely a reaction to something in the environment

- **Signs to take your pet to the ER**
 - 1. Difficulty breathing
 - 2. Inability to stand
 - 3. Loss of consciousness
 - 4. Pale gums

If none of the above applies, you can try the following:

- 1. Homeopathic APIS 30C, give every hour if acute and uncomfortable. You can put 5-6 of the white pellets in a 1oz dropper bottle with distilled water. Give ½ dropperful per dose until symptoms improve
- 2. Nettles tincture for itching. May use human product at ½ of the recommended human dose per 50lb of pet weight. Alcohol-free will be better tolerated
- 3. Cool baths with dilute aloe vera may help soothe the skin

Limping:

- **Signs to go to the ER**
 - 1. Unstoppable or profuse bleeding
 - 2. Non-weight bearing
 - 3. Obvious limb deformation

If none of the above applies, you can try the following:

- CBD, at a dose of 1mg/5lb body weight to start and may increase to effect, given 2-3 times per day
- 2. If swelling exists, icing with ice pack or bag of frozen veggies
- 3. Rest affected limb
- 4. Homeopathic arnica 30C given 2-3 times daily until improvement is seen

Low energy:

Signs to take your pet to the ER

- 1. Gum/tongue color is pale or blue
- 2. Temp is over 105 degrees F
- 3. Check signs for other conditions listed above

If none of the above applies, you can try the following:

- 1. Rest, especially if there has been recent vigorous activity
- 2. Feed and water
- 3. CBD, at a dose of 1mg/5lb body weight to start and may increase to effect, given 2-3 times per day will help with any aches and pains

Summary list to keep in your home medical kit:

- 1. Slippery Elm for diarrhea
- 2. Marshmallow Root for vomiting or upset stomach
- 3. Ace bandage to apply pressure to stop bleeding
- 4. Non-stick Telfa apply to open wounds under bandage
- 5. Ozone oil olive oil with ozone infused into it for any skin lesion or open wound
- 6. Smokey's Salve Comfrey, calendula, yarrow for open wounds
- 7. APIS homeopathic for acute allergic reaction. Use 30C pellets hourly until improvement. May dissolve pellets in distilled water
- 8. Arsenicum homeopathic for vomiting/diarrhea, low energy, allergic reactions. Use 30C pellets twice daily. May dissolve pellets in distilled water
- 9. Nettles Use tincture for natural anti-histamine effects
- 10. CBD Use tincture for pain, inflammation, anxiety, seizures. Start with 1mg/5lb body weight directly in mouth